Attribute	Benchmark CSD/CY (5915051): North Vancouver, BC		CSD/DM (5915055): West Vancouver, BC		
	Count: -		Count: -		
	Value	Percent	Value	Percent	Index
Population aged 12 and over	56,471		41,861		
Flu Shots	,		·		
Had a seasonal flu shot (excluding H1N1) - lifetime	32,837	58.15%	24,573	58.70%	101
Had a seasonal flu shot - last time: Less than 1 year ago	18,465	32.70%	14,114	33.72%	103
Had a seasonal flu shot - last time: 1 year to less than 2 years ago	3,671	6.50%	2,722	6.50%	100
Had a seasonal flu shot - last time: 2 years ago or more	10,702	18.95%	7,737	18.48%	98
Had a seasonal flu shot - which month: January	532	0.94%	422	1.01%	107
Had a seasonal flu shot - which month: February	255	0.45%	185	0.44%	98
Had a seasonal flu shot - which month: March	159	0.28%	120	0.29%	104
Had a seasonal flu shot - which month: April	98	0.17%	65	0.16%	94
Had a seasonal flu shot - which month: May	72	0.13%	52	0.12%	92
Had a seasonal flu shot - which month: June	22	0.04%	17	0.04%	100
Had a seasonal flu shot - which month: July	34	0.06%	27	0.06%	100
Had a seasonal flu shot - which month: August	31	0.06%	20	0.05%	83
Had a seasonal flu shot - which month: September	647	1.15%	507	1.21%	105
Had a seasonal flu shot - which month: October	7,627	13.51%	5,834	13.94%	103
Had a seasonal flu shot - which month: November	7,963	14.10%	6,093	14.56%	103
Had a seasonal flu shot - which month: December	1,025	1.81%	773	1.85%	102
Had a seasonal flu shot - current/last year: This year	12,984	22.99%	9,507	22.71%	99
Had a seasonal flu shot - current/last year: Last year	19,853	35.16%	15,066	35.99%	102
No flu shot - 1 yr lack of time	3,123	5.53%	2,262	5.40%	98
No flu shot - 1 yr did not think it was necessary	20,166	35.71%	14,485	34.60%	97
No flu shot - 1 yr doctor did not think it was necessary	580	1.03%	413	0.99%	96
No flu shot - 1 yr n/a at time required	494	0.88%	371	0.89%	101
No flu shot - 1 yr did not know where to go/uninformed	593	1.05%	430	1.03%	98
No flu shot - 1 yr fear/discomfort	1,100	1.95%	798	1.91%	98
No flu shot - 1 yr bad reaction to previous flu shot	1,717	3.04%	1,224	2.92%	96
No flu shot - 1 yr bad reaction to previous vaccine other	480	0.85%	347	0.83%	98
No flu shot - 1 yr does not believe in benefits	4,064	7.20%	2,905	6.94%	96
No flu shot - 1 yr fear of what it contains	1,127	2.00%	800	1.91%	96
No flu shot - 1 yr other	4,892	8.66%	3,633	8.68%	100
Physical Check-Up	_				
Had a general physical check-up - lifetime	46,936	83.12%	34,854	83.26%	100
General physical check-up - frequency: More than once a year	3,733	6.61%	2,927	6.99%	106
General physical check-up - frequency: Once a year	25,217	44.65%	19,028	45.46%	102
General physical check-up - frequency: Once every 2 years	6,137	10.87%	4,481	10.71%	99
General physical check-up - frequency: Once every 3 years	1,463	2.59%	1,038	2.48%	96
General physical check-up - frequency: Less than once every 3 years	1,492	2.64%	1,038	2.48%	94
General physical check-up - frequency: No regular pattern	8,895	15.75%	6,342	15.15%	96
General physical check-up - last time: 1 year or less	30,049	53.21%	22,706	54.24%	102

Attribute	Benchmark CSD/CY (5915051): North Vancouver, BC		CSD/DM (5915055): West Vancouver, BC		
	Count	: -		Count: -	
	Value	Percent	Value	Percent	Index
General physical check-up - last time: More than 1 year to 2 years ago	6,855	12.14%	5,065	12.10%	100
General physical check-up - last time: More than 2 years to 3 years ago	3,190	5.65%	2,295	5.48%	97
General physical check-up - last time: More than 3 years to 5 years ago	2,649	4.69%	1,841	4.40%	94
General physical check-up - last time: More than 5 years ago	4,193	7.43%	2,947	7.04%	95
No physical check-up - 3 yrs no doctor	4,924	8.72%	3,362	8.03%	92
No physical check-up - 3 yrs lack of time	1,312	2.32%	927	2.22%	96
No physical check-up - 3 yrs didn't think necessary	7,369	13.05%	5,278	12.61%	97
No physical check-up - 3 yrs doctor didn't think necessary	834	1.48%	612	1.46%	99
No physical check-up - 3 yrs fear/discomfort	207	0.37%	143	0.34%	92
No physical check-up - 3 yrs other	1,641	2.91%	1,183	2.83%	97
Last physical check-up - weighed	35,583	63.01%	26,641	63.64%	101
Last physical check-up - measured height	25,719	45.54%	19,354	46.24%	102
Last physical check-up - checked blood pressure	38,709	68.55%	29,018	69.32%	101
Last physical check-up - discussed health risks due to weight	13,673	24.21%	10,237	24.46%	101
Last physical check-up - recommended cholesterol test	21,279	37.68%	16,227	38.76%	103
Blood Pressure Check	,				
Had blood pressure taken - lifetime	52,118	92.29%	38,412	91.76%	99
Blood pressure was taken - last time: Less than 1 year to 1 year ago	42,395	75.07%	31,544	75.35%	100
Blood pressure was taken - last time: More than 1 year to 2 years ago	5,514	9.76%	3,948	9.43%	97
Blood pressure was taken - last time: More than 2 years to 3 years ago	1,917	3.39%	1,327	3.17%	94
Blood pressure was taken - last time: More than 3 years to 5 years ago	1,226	2.17%	868	2.07%	95
Blood pressure was taken - last time: More than 5 years ago	1,067	1.89%	725	1.73%	92
Blood pressure not taken - 2 yrs lack of time	303	0.54%	193	0.46%	85
Blood pressure not taken - 2 yrs respondent didn't think necessary	2,213	3.92%	1,460	3.49%	89
Blood pressure not taken - 2 yrs doctor didn't think necessary	474	0.84%	330	0.79%	94
Blood pressure not taken - 2 yrs fear/discomfort	39	0.07%	25	0.06%	86
Blood pressure not taken - 2 yrs no doctor	473	0.84%	315	0.75%	89
Blood pressure not taken - 2 yrs other	944	1.67%	619	1.48%	89
Pregnant - last time blood pressure taken	1,499	2.65%	982	2.35%	89
Pap Smear Test	.,	12370			
Had a Pap smear test - lifetime	20,497	36.30%	14,433	34.48%	95
Had a Pap smear test - last time: Less than 1 year to 1 year ago	10,233	18.12%	7,180	17.15%	95
Had a Pap smear test - last time: More than 1 year to 2 years ago	4,792	8.49%	3,372	8.06%	95
Had a Pap smear test - last time: More than 2 years to 3 years ago	2,314	4.10%	1,612	3.85%	94

Attribute	Benchmark CSD/CY (5915051): North Vancouver, BC		CSD/DM (5915055): West Vancouver, BC		
	Count	t		Count: -	la des
	Value	Percent	Value	Percent	Index
Had a Pap smear test - last time: More than 3 years to 5 years ago	1,299	2.30%	923	2.20%	96
Had a Pap smear test - last time: More than 5 years ago	1,858	3.29%	1,347	3.22%	98
No Pap smear test - 3 yrs lack of time	416	0.74%	283	0.68%	92
No Pap smear test - 3 yrs respondent did not think was necessary	1,610	2.85%	1,199	2.86%	100
No Pap smear test - 3 yrs doctor did not think was necessary	1,218	2.16%	944	2.25%	104
No Pap smear test - 3 yrs fear/discomfort	435	0.77%	304	0.73%	95
No Pap smear test - 3 yrs no doctor	270	0.48%	187	0.45%	94
No Pap smear test - 3 yrs hysterectomy	808	1.43%	601	1.44%	101
No Pap smear test - 3 yrs other	922	1.63%	687	1.64%	101
Mammography		<u>. </u>		<u>. </u>	
Had mammogram - lifetime	11,409	20.20%	8,590	20.52%	102
Had mammogram - last time: Less than 1 year to 1 year ago	5,677	10.05%	4,284	10.23%	102
Had mammogram - last time: More than 1 year to 2 years ago	2,891	5.12%	2,196	5.25%	103
Had mammogram - last time: More than 2 years to 3 years ago	1,063	1.88%	787	1.88%	100
Had mammogram - last time: More than 3 years to 5 years ago	844	1.50%	625	1.49%	99
Had mammogram - last time: More than 5 years ago	934	1.65%	698	1.67%	101
No mammogram - 3 yrs lack of time	282	0.50%	204	0.49%	98
No mammogram - 3 yrs respondent did not think it was necessary	1,846	3.27%	1,289	3.08%	94
No mammogram - 3 yrs doctor did not think it was necessary	1,357	2.40%	935	2.23%	93
No mammogram - 3 yrs fear/discomfort	324	0.57%	239	0.57%	100
No mammogram - 3 yrs no doctor	247	0.44%	177	0.42%	95
No mammogram - 3 yrs had a bilateral mastectomy	23	0.04%	17	0.04%	100
No mammogram - 3 yrs other	907	1.61%	647	1.55%	96
Prostate Cancer Screening		<u> </u>		<u> </u>	
Had a PSA blood test - lifetime	9,710	17.20%	7,608	18.18%	106
Had a PSA blood test - last time: Less than 1 year to 1 year ago	6,688	11.84%	5,272	12.59%	106
Had a PSA blood test - last time: More than 1 year to 2 years ago	1,331	2.36%	1,049	2.51%	106
Had a PSA blood test - last time: More than 2 years to 3 years ago	597	1.06%	449	1.07%	101
Had a PSA blood test - last time: More than 3 years to 5 years ago	601	1.06%	471	1.13%	107
Had a PSA blood test - last time: More than 5 years ago	494	0.88%	367	0.88%	100
PSA test - reason - family history of prostate cancer	683	1.21%	521	1.25%	103
PSA test - reason - regular check-up	6,640	11.76%	5,229	12.49%	106
PSA test - reason - age	1,339	2.37%	1,050	2.51%	106
PSA test - reason - follow-up of problem	1,216	2.15%	952	2.27%	106
PSA test - reason - follow-up of prostate cancer treatment	103	0.18%	83	0.20%	111
PSA test - reason - other	793	1.40%	611	1.46%	104
Had a digital rectal exam - lifetime	10,394	18.41%	8,086	19.32%	105
Had a digital rectal exam - last time: Less than 1 year to 1 year ago	3,744	6.63%	2,973	7.10%	107

Attribute	Benchmark CSD/CY (5915051): North Vancouver, BC		CSD/DM (5915055): West Vancouver, BC		
	Count: -		Count: -		
	Value	Percent	Value	Percent	Index
Had a digital rectal exam - last time: More than 1 year to 2 years ago	1,932	3.42%	1,507	3.60%	105
Had a digital rectal exam - last time: More than 2 years to 3 years ago	1,175	2.08%	906	2.16%	104
Had a digital rectal exam - last time: More than 3 years to 5 years ago	1,222	2.16%	955	2.28%	106
Had a digital rectal exam - last time: More than 5 years ago	2,321	4.11%	1,745	4.17%	101
Colorectal Cancer Screening					
Had an FOBT test - lifetime	13,103	23.20%	9,953	23.78%	103
Had an FOBT test - last time: Less than 1 year to 1 year ago	6,246	11.06%	4,791	11.45%	104
Had an FOBT test - last time: More than 1 year to 2 years ago	2,234	3.96%	1,705	4.07%	103
Had an FOBT test - last time: More than 2 years to 3 years ago	1,272	2.25%	961	2.30%	102
Had an FOBT test - last time: More than 3 years to 5 years ago	1,386	2.45%	1,054	2.52%	103
Had an FOBT test - last time: More than 5 years ago	1,964	3.48%	1,443	3.45%	99
No FOBT test - 2 yrs lack of time	498	0.88%	368	0.88%	100
No FOBT test - 2 yrs respondent did not think necessary	6,837	12.11%	4,902	11.71%	97
No FOBT test - 2 yrs doctor did not think necessary	8,179	14.48%	5,902	14.10%	97
No FOBT test - 2 yrs fear/discomfort	255	0.45%	179	0.43%	96
No FOBT test - 2 yrs no doctor	477	0.85%	341	0.82%	96
No FOBT test - 2 yrs had colonoscopy instead	1,118	1.98%	884	2.11%	107
No FOBT test - 2 yrs other	1,606	2.85%	1,163	2.78%	98
Had a colonoscopy/ sigmoidoscopy - lifetime	10,022	17.75%	7,648	18.27%	103
Had a colonoscopy/sigmoidoscopy - last time: Less than 1 year to 1 year ago	2,484	4.40%	1,884	4.50%	102
Had a colonoscopy/sigmoidoscopy - last time: More than 1 year to 2 years ago	1,487	2.63%	1,141	2.73%	104
Had a colonoscopy/sigmoidoscopy - last time: More than 2 years to 3 years ago	1,477	2.62%	1,133	2.71%	103
Had a colonoscopy/sigmoidoscopy - last time: More than 3 years to 5 years ago	1,887	3.34%	1,473	3.52%	105
Had a colonoscopy/sigmoidoscopy - last time: More than 5 years to 7 years ago	1,052	1.86%	797	1.90%	102
Had a colonoscopy/sigmoidoscopy - last time: More than 7 years ago	1,635	2.90%	1,220	2.91%	100
No colonoscopy/sigmoidoscopy - 5 yrs lack of time	222	0.39%	159	0.38%	97
No colonoscopy/sigmoidoscopy - 5 yrs respondent did not think necessary	7,219	12.78%	5,197	12.42%	97
No colonoscopy/sigmoidoscopy - 5 yrs doctor did not think necessary	10,754	19.04%	7,867	18.79%	99
No colonoscopy/sigmoidoscopy - 5 yrs fear/discomfort	256	0.45%	192	0.46%	102
No colonoscopy/sigmoidoscopy - 5 yrs no doctor	443	0.78%	315	0.75%	96
No colonoscopy/sigmoidoscopy - 5 yrs other	1,600	2.83%	1,175	2.81%	99
Colonoscopy/sigmoidoscopy - follow-up of FOBT test	1,463	2.59%	1,104	2.64%	102

Attribute	Benchmark CSD/CY (5915051): North Vancouver, BC Count: -		CSD/DM (5915055): West Vancouver, BC Count: -		
	Value	Percent		Percent	Indov
Spirometry	value	Percent	Value	Percent	Index
Had a spirometry test - lifetime	14,913	26.41%	11,021	26.33%	100
Had spirometry test - last time: Less than 6 months ago	807	1.43%	624	1.49%	104
Had spirometry test - last time: 6 months to less than 1 year ago	1,602	2.84%	1,244	2.97%	105
Had spirometry test - last time: 1 year to less than 2 years ago	1,092	1.93%	769	1.84%	95
Had spirometry test - last time: 2 years to less than 5 years ago	3,827	6.78%	2,876	6.87%	101
Had spirometry test - last time: 5 or more years ago	7,585	13.43%	5,507	13.16%	98
Eye Examinations	7,000	10.1070	0,007	10.1070	- 00
Insurance - eye glasses/contact lenses - all/part cost coverage	33,686	59.65%	24,534	58.61%	98
Type of insurance - eye glasses/contact lenses - government	3,775	6.69%	2,739	6.54%	98
Type of insurance - eye glasses/contact lenses - employer	25,618	45.37%	18,566	44.35%	98
Type of insurance - eye glasses/contact lenses - association	1,799	3.19%	1,305	3.12%	98
Type of insurance - eye glasses/contact lenses - other	2,494	4.42%	1,924	4.60%	104
Visited an optometrist or ophthalmologist - 12 months	21,483	38.04%	16,289	38.91%	102
Eye examination - last time: Less than 1 year to 1 year ago	9,641	17.07%	7,514	17.95%	105
Eye examination - last time: More than 1 year to 2 years ago	4,627	8.19%	3,459	8.26%	101
Eye examination - last time: More than 2 years to 3 years ago	2,813	4.98%	2,101	5.02%	101
Eye examination - last time: More than 3 years to 5 years ago	1,606	2.84%	1,230	2.94%	104
Eye examination - last time: More than 5 years ago	2,796	4.95%	1,985	4.74%	96
Eye examination - last time: Never	1,664	2.95%	1,136	2.71%	92
No eye exam - 1 or 2 yrs lack of time	1,282	2.27%	955	2.28%	100
No eye exam - 1 or 2 yrs respondent did not think it was necessary	15,121	26.78%	10,886	26.01%	97
No eye exam - 1 or 2 yrs cost	2,474	4.38%	1,793	4.28%	98
No eye exam - 1 or 2 yrs specialist did not think it was necessary	1,001	1.77%	788	1.88%	106
No eye exam - 1 or 2 yrs no optometrist/ophthalmologist	100	0.18%	68	0.16%	89
No eye exam - 1 or 2 yrs fear or discomfort/other	2,092	3.71%	1,622	3.88%	105
Has cataract	3,033	5.37%	2,485	5.94%	111
Has glaucoma	996	1.76%	807	1.93%	110
Consultations About Mental Health					
Consulted mental health professional - 12 months	8,062	14.28%	5,737	13.71%	96
Consulted mental health professional - num of times - 12 mo	0.67		0.64		96
Consulted mental health professional - family doctor	3,639	6.44%	2,605	6.22%	97
Consulted mental health professional - psychiatrist	896	1.59%	628	1.50%	94
Consulted mental health professional - psychologist	945	1.67%	668	1.60%	96
Consulted mental health professional - nurse	252	0.45%	174	0.42%	93
Consulted mental health professional - social worker	1,860	3.29%	1,324	3.16%	96
Consulted mental health professional - other	471	0.83%	339	0.81%	98



Index	Description
>=180	Extremely High
>=110 and <180	High
>=90 and <110	Similar
>=50 and <90	Low
<50	Extremely Low

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Data Source: Manifold Data Mining Inc.

This report is based on consumer demographic and behaviour data products at the 6-digit postal code level. No confidential information about an individual, household, organization or business has been obtained from Statistics Canada or Numeris.

Data Vintage: Data Vintage: 2022/2023