

Attribute	Benchmark CSD/CY (5915051): North Vancouver, BC		CSD/DM (5915055): West Vancouver, BC		
	Count: -		Count: -		
	Value	Percent	Value	Percent	Index
Population aged 12 and over	58,973		43,379		
Flu Shots					
Had a seasonal flu shot (excluding H1N1) - lifetime	34,292	58.15%	25,463	58.70%	101
Had a seasonal flu shot - last time: Less than 1 year ago	19,282	32.70%	14,622	33.71%	103
Had a seasonal flu shot - last time: 1 year to less than 2 years ago	3,833	6.50%	2,821	6.50%	100
Had a seasonal flu shot - last time: 2 years ago or more	11,176	18.95%	8,019	18.49%	98
Had a seasonal flu shot - which month: January	555	0.94%	437	1.01%	107
Had a seasonal flu shot - which month: February	266	0.45%	192	0.44%	98
Had a seasonal flu shot - which month: March	166	0.28%	124	0.29%	104
Had a seasonal flu shot - which month: April	102	0.17%	68	0.16%	94
Had a seasonal flu shot - which month: May	76	0.13%	54	0.13%	100
Had a seasonal flu shot - which month: June	23	0.04%	17	0.04%	100
Had a seasonal flu shot - which month: July	36	0.06%	28	0.06%	100
Had a seasonal flu shot - which month: August	32	0.06%	21	0.05%	83
Had a seasonal flu shot - which month: September	676	1.15%	525	1.21%	105
Had a seasonal flu shot - which month: October	7,964	13.51%	6,044	13.93%	103
Had a seasonal flu shot - which month: November	8,316	14.10%	6,312	14.55%	103
Had a seasonal flu shot - which month: December	1,070	1.81%	800	1.85%	102
Had a seasonal flu shot - current/last year: This year	13,560	22.99%	9,852	22.71%	99
Had a seasonal flu shot - current/last year: Last year	20,732	35.16%	15,611	35.99%	102
No flu shot - 1 yr. - lack of time	3,261	5.53%	2,345	5.41%	98
No flu shot - 1 yr. - did not think it was necessary	21,060	35.71%	15,013	34.61%	97
No flu shot - 1 yr. - doctor did not think it was necessary	605	1.03%	428	0.99%	96
No flu shot - 1 yr. - n/a at time required	516	0.88%	385	0.89%	101
No flu shot - 1 yr. - did not know where to go/uninformed	620	1.05%	446	1.03%	98
No flu shot - 1 yr. - fear/discomfort	1,149	1.95%	827	1.91%	98
No flu shot - 1 yr. - bad reaction to previous flu shot	1,793	3.04%	1,268	2.92%	96
No flu shot - 1 yr. - bad reaction to previous vaccine other	501	0.85%	360	0.83%	98
No flu shot - 1 yr. - does not believe in benefits	4,245	7.20%	3,010	6.94%	96
No flu shot - 1 yr. - fear of what it contains	1,177	2.00%	829	1.91%	96
No flu shot - 1 yr. - other	5,109	8.66%	3,765	8.68%	100
Physical Check-Up					
Had a general physical check-up - lifetime	49,015	83.12%	36,117	83.26%	100
General physical check-up - frequency: More than once a year	3,898	6.61%	3,032	6.99%	106
General physical check-up - frequency: Once a year	26,333	44.65%	19,716	45.45%	102
General physical check-up - frequency: Once every 2 years	6,409	10.87%	4,644	10.71%	99
General physical check-up - frequency: Once every 3 years	1,528	2.59%	1,076	2.48%	96
General physical check-up - frequency: Less than once every 3 years	1,558	2.64%	1,076	2.48%	94
General physical check-up - frequency: No regular pattern	9,289	15.75%	6,573	15.15%	96
General physical check-up - last time: 1 year or less	31,379	53.21%	23,527	54.24%	102

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General physical check-up - last time: More than 1 year to 2 years ago	7,159	12.14%	5,249	12.10%	100
General physical check-up - last time: More than 2 years to 3 years ago	3,332	5.65%	2,378	5.48%	97
General physical check-up - last time: More than 3 years to 5 years ago	2,767	4.69%	1,908	4.40%	94
General physical check-up - last time: More than 5 years ago	4,379	7.43%	3,054	7.04%	95
No physical check-up - 3 yrs. - no doctor	5,143	8.72%	3,486	8.04%	92
No physical check-up - 3 yrs. - lack of time	1,371	2.32%	961	2.22%	96
No physical check-up - 3 yrs. - didn't think necessary	7,696	13.05%	5,470	12.61%	97
No physical check-up - 3 yrs. - doctor didn't think necessary	871	1.48%	634	1.46%	99
No physical check-up - 3 yrs. - fear/discomfort	216	0.37%	149	0.34%	92
No physical check-up - 3 yrs. - other	1,713	2.91%	1,227	2.83%	97
Last physical check-up - weighed	37,159	63.01%	27,606	63.64%	101
Last physical check-up - measured height	26,858	45.54%	20,056	46.23%	102
Last physical check-up - checked blood pressure	40,423	68.55%	30,069	69.32%	101
Last physical check-up - discussed health risks due to weight	14,279	24.21%	10,608	24.45%	101
Last physical check-up - recommended cholesterol test	22,220	37.68%	16,812	38.76%	103
Blood Pressure Check					
Had blood pressure taken - lifetime	54,428	92.29%	39,806	91.76%	99
Blood pressure was taken - last time: Less than 1 year to 1 year ago	44,273	75.07%	32,686	75.35%	100
Blood pressure was taken - last time: More than 1 year to 2 years ago	5,759	9.77%	4,093	9.44%	97
Blood pressure was taken - last time: More than 2 years to 3 years ago	2,002	3.40%	1,375	3.17%	93
Blood pressure was taken - last time: More than 3 years to 5 years ago	1,280	2.17%	900	2.07%	95
Blood pressure was taken - last time: More than 5 years ago	1,114	1.89%	752	1.73%	92
Blood pressure not taken - 2 yrs. - lack of time	317	0.54%	201	0.46%	85
Blood pressure not taken - 2 yrs. - respondent didn't think necessary	2,312	3.92%	1,514	3.49%	89
Blood pressure not taken - 2 yrs. - doctor didn't think necessary	495	0.84%	342	0.79%	94
Blood pressure not taken - 2 yrs. - fear/discomfort	40	0.07%	26	0.06%	86
Blood pressure not taken - 2 yrs. - no doctor	494	0.84%	326	0.75%	89
Blood pressure not taken - 2 yrs. - other	986	1.67%	642	1.48%	89
Pregnant - last time blood pressure taken	1,566	2.66%	1,018	2.35%	88
Pap Smear Test					
Had a Pap smear test - lifetime	21,406	36.30%	14,961	34.49%	95
Had a Pap smear test - last time: Less than 1 year to 1 year ago	10,687	18.12%	7,443	17.16%	95
Had a Pap smear test - last time: More than 1 year to 2 years ago	5,005	8.49%	3,495	8.06%	95
Had a Pap smear test - last time: More than 2 years to 3 years ago	2,416	4.10%	1,670	3.85%	94

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Had a Pap smear test - last time: More than 3 years to 5 years ago	1,357	2.30%	956	2.21%	96
Had a Pap smear test - last time: More than 5 years ago	1,940	3.29%	1,396	3.22%	98
No Pap smear test - 3 yrs. - lack of time	435	0.74%	294	0.68%	92
No Pap smear test - 3 yrs. - respondent did not think was necessary	1,681	2.85%	1,242	2.86%	100
No Pap smear test - 3 yrs. - doctor did not think was necessary	1,271	2.16%	978	2.25%	104
No Pap smear test - 3 yrs. - fear/discomfort	454	0.77%	315	0.73%	95
No Pap smear test - 3 yrs. - no doctor	281	0.48%	194	0.45%	94
No Pap smear test - 3 yrs. - hysterectomy	844	1.43%	623	1.44%	101
No Pap smear test - 3 yrs. - other	963	1.63%	713	1.64%	101
Mammography					
Had mammogram - lifetime	11,913	20.20%	8,900	20.52%	102
Had mammogram - last time: Less than 1 year to 1 year ago	5,928	10.05%	4,438	10.23%	102
Had mammogram - last time: More than 1 year to 2 years ago	3,019	5.12%	2,276	5.25%	103
Had mammogram - last time: More than 2 years to 3 years ago	1,110	1.88%	815	1.88%	100
Had mammogram - last time: More than 3 years to 5 years ago	882	1.50%	648	1.49%	99
Had mammogram - last time: More than 5 years ago	975	1.65%	723	1.67%	101
No mammogram - 3 yrs. - lack of time	295	0.50%	212	0.49%	98
No mammogram - 3 yrs. - respondent did not think it was necessary	1,928	3.27%	1,336	3.08%	94
No mammogram - 3 yrs. - doctor did not think it was necessary	1,417	2.40%	969	2.24%	93
No mammogram - 3 yrs. - fear/discomfort	339	0.57%	248	0.57%	100
No mammogram - 3 yrs. - no doctor	258	0.44%	183	0.42%	95
No mammogram - 3 yrs. - had a bilateral mastectomy	24	0.04%	17	0.04%	100
No mammogram - 3 yrs. - other	947	1.61%	671	1.55%	96
Prostate Cancer Screening					
Had a PSA blood test - lifetime	10,139	17.19%	7,881	18.17%	106
Had a PSA blood test - last time: Less than 1 year to 1 year ago	6,983	11.84%	5,461	12.59%	106
Had a PSA blood test - last time: More than 1 year to 2 years ago	1,389	2.36%	1,086	2.50%	106
Had a PSA blood test - last time: More than 2 years to 3 years ago	623	1.06%	466	1.07%	101
Had a PSA blood test - last time: More than 3 years to 5 years ago	628	1.06%	488	1.13%	107
Had a PSA blood test - last time: More than 5 years ago	516	0.88%	380	0.88%	100
PSA test - reason - family history of prostate cancer	713	1.21%	540	1.24%	102
PSA test - reason - regular check-up	6,933	11.76%	5,416	12.49%	106
PSA test - reason - age	1,398	2.37%	1,087	2.51%	106
PSA test - reason - follow-up of problem	1,269	2.15%	986	2.27%	106
PSA test - reason - follow-up of prostate cancer treatment	108	0.18%	86	0.20%	111
PSA test - reason - other	828	1.40%	633	1.46%	104
Had a digital rectal exam - lifetime	10,853	18.40%	8,376	19.31%	105
Had a digital rectal exam - last time: Less than 1 year to 1 year ago	3,909	6.63%	3,080	7.10%	107

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Had a digital rectal exam - last time: More than 1 year to 2 years ago	2,018	3.42%	1,561	3.60%	105
Had a digital rectal exam - last time: More than 2 years to 3 years ago	1,227	2.08%	938	2.16%	104
Had a digital rectal exam - last time: More than 3 years to 5 years ago	1,276	2.16%	989	2.28%	106
Had a digital rectal exam - last time: More than 5 years ago	2,423	4.11%	1,808	4.17%	101
Colorectal Cancer Screening					
Had an FOBT test - lifetime	13,681	23.20%	10,312	23.77%	102
Had an FOBT test - last time: Less than 1 year to 1 year ago	6,522	11.06%	4,964	11.44%	103
Had an FOBT test - last time: More than 1 year to 2 years ago	2,333	3.96%	1,766	4.07%	103
Had an FOBT test - last time: More than 2 years to 3 years ago	1,328	2.25%	995	2.29%	102
Had an FOBT test - last time: More than 3 years to 5 years ago	1,447	2.45%	1,092	2.52%	103
Had an FOBT test - last time: More than 5 years ago	2,051	3.48%	1,495	3.45%	99
No FOBT test - 2 yrs. - lack of time	520	0.88%	382	0.88%	100
No FOBT test - 2 yrs. - respondent did not think necessary	7,140	12.11%	5,080	11.71%	97
No FOBT test - 2 yrs. - doctor did not think necessary	8,541	14.48%	6,117	14.10%	97
No FOBT test - 2 yrs. - fear/discomfort	266	0.45%	185	0.43%	96
No FOBT test - 2 yrs. - no doctor	499	0.85%	354	0.82%	96
No FOBT test - 2 yrs. - had colonoscopy instead	1,167	1.98%	916	2.11%	107
No FOBT test - 2 yrs. - other	1,678	2.85%	1,206	2.78%	98
Had a colonoscopy/ sigmoidoscopy - lifetime	10,465	17.75%	7,924	18.27%	103
Had a colonoscopy/sigmoidoscopy - last time: Less than 1 year to 1 year ago	2,594	4.40%	1,952	4.50%	102
Had a colonoscopy/sigmoidoscopy - last time: More than 1 year to 2 years ago	1,553	2.63%	1,183	2.73%	104
Had a colonoscopy/sigmoidoscopy - last time: More than 2 years to 3 years ago	1,542	2.61%	1,173	2.71%	104
Had a colonoscopy/sigmoidoscopy - last time: More than 3 years to 5 years ago	1,971	3.34%	1,526	3.52%	105
Had a colonoscopy/sigmoidoscopy - last time: More than 5 years to 7 years ago	1,098	1.86%	826	1.90%	102
Had a colonoscopy/sigmoidoscopy - last time: More than 7 years ago	1,708	2.90%	1,264	2.91%	100
No colonoscopy/sigmoidoscopy - 5 yrs. - lack of time	231	0.39%	165	0.38%	97
No colonoscopy/sigmoidoscopy - 5 yrs. - respondent did not think necessary	7,538	12.78%	5,387	12.42%	97
No colonoscopy/sigmoidoscopy - 5 yrs. - doctor did not think necessary	11,230	19.04%	8,152	18.79%	99
No colonoscopy/sigmoidoscopy - 5 yrs. - fear/discomfort	267	0.45%	199	0.46%	102
No colonoscopy/sigmoidoscopy - 5 yrs. - no doctor	462	0.78%	326	0.75%	96
No colonoscopy/sigmoidoscopy - 5 yrs. - other	1,670	2.83%	1,218	2.81%	99
Colonoscopy/sigmoidoscopy - follow-up of FOBT test	1,527	2.59%	1,144	2.64%	102

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Spirometry					
Had a spirometry test - lifetime	15,574	26.41%	11,419	26.32%	100
Had spirometry test - last time: Less than 6 months ago	843	1.43%	647	1.49%	104
Had spirometry test - last time: 6 months to less than 1 year ago	1,672	2.84%	1,288	2.97%	105
Had spirometry test - last time: 1 year to less than 2 years ago	1,140	1.93%	797	1.84%	95
Had spirometry test - last time: 2 years to less than 5 years ago	3,997	6.78%	2,980	6.87%	101
Had spirometry test - last time: 5 or more years ago	7,922	13.43%	5,707	13.16%	98
Eye Examinations					
Insurance - eye glasses/contact lenses - all/part cost coverage	35,181	59.66%	25,426	58.61%	98
Type of insurance - eye glasses/contact lenses - government	3,943	6.69%	2,839	6.54%	98
Type of insurance - eye glasses/contact lenses - employer	26,755	45.37%	19,240	44.35%	98
Type of insurance - eye glasses/contact lenses - association	1,879	3.19%	1,353	3.12%	98
Type of insurance - eye glasses/contact lenses - other	2,605	4.42%	1,994	4.60%	104
Visited an optometrist or ophthalmologist - 12 months	22,435	38.04%	16,878	38.91%	102
Eye examination - last time: Less than 1 year to 1 year ago	10,068	17.07%	7,785	17.95%	105
Eye examination - last time: More than 1 year to 2 years ago	4,832	8.19%	3,584	8.26%	101
Eye examination - last time: More than 2 years to 3 years ago	2,938	4.98%	2,178	5.02%	101
Eye examination - last time: More than 3 years to 5 years ago	1,677	2.84%	1,274	2.94%	104
Eye examination - last time: More than 5 years ago	2,920	4.95%	2,057	4.74%	96
Eye examination - last time: Never	1,738	2.95%	1,177	2.71%	92
No eye exam - 1 or 2 yrs. - lack of time	1,339	2.27%	990	2.28%	100
No eye exam - 1 or 2 yrs. - respondent did not think it was necessary	15,791	26.78%	11,282	26.01%	97
No eye exam - 1 or 2 yrs. - cost	2,584	4.38%	1,859	4.29%	98
No eye exam - 1 or 2 yrs. - specialist did not think it was necessary	1,045	1.77%	816	1.88%	106
No eye exam - 1 or 2 yrs. - no optometrist/ophthalmologist	104	0.18%	70	0.16%	89
No eye exam - 1 or 2 yrs. - fear or discomfort/other	2,185	3.71%	1,681	3.88%	105
Has cataract	3,166	5.37%	2,574	5.93%	110
Has glaucoma	1,040	1.76%	835	1.93%	110
Consultations About Mental Health					
Consulted mental health professional - 12 months	8,420	14.28%	5,947	13.71%	96
Consulted mental health professional - num of times - 12 mo	0.67		0.64		96
Consulted mental health professional - family doctor	3,800	6.44%	2,700	6.22%	97
Consulted mental health professional - psychiatrist	935	1.59%	651	1.50%	94
Consulted mental health professional - psychologist	986	1.67%	693	1.60%	96
Consulted mental health professional - nurse	263	0.45%	180	0.42%	93
Consulted mental health professional - social worker	1,943	3.30%	1,372	3.16%	96
Consulted mental health professional - other	492	0.83%	352	0.81%	98

Index	Description
≥ 180	Extremely High
≥ 110 and < 180	High
≥ 90 and < 110	Similar
≥ 50 and < 90	Low
< 50	Extremely Low

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Data Source: Manifold Data Mining Inc.

This report is based on consumer demographic and behaviour data products at the 6-digit postal code level. No confidential information about an individual, household, organization or business has been obtained from Statistics Canada or Numeris.